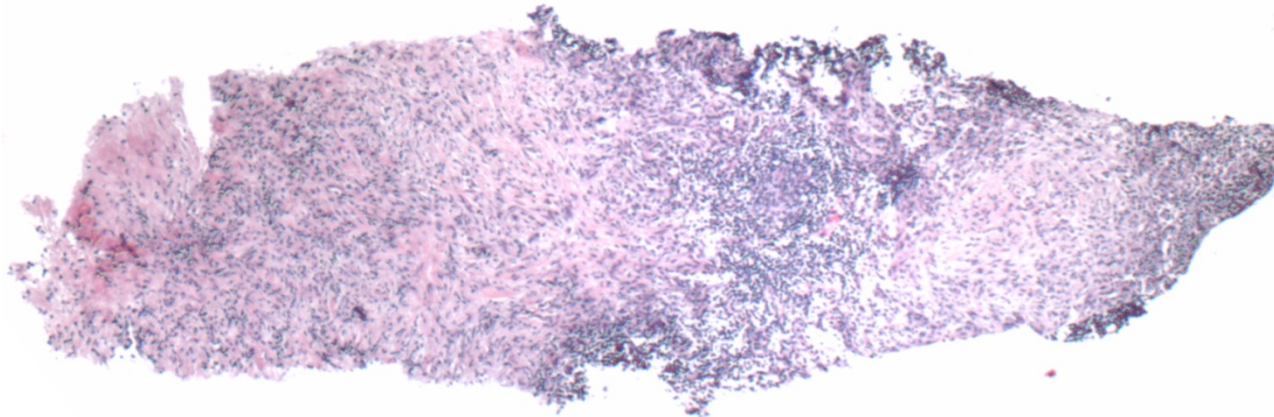


Case # SH2017-0156

Unmasking of Multiorgan Involvement by Systemic Mastocytosis



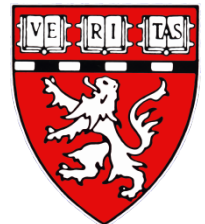
Panel Diagnosis: Systemic Mastocytosis with an Associated Hematologic Neoplasm
(Chronic Myelomonocytic Leukemia-0)



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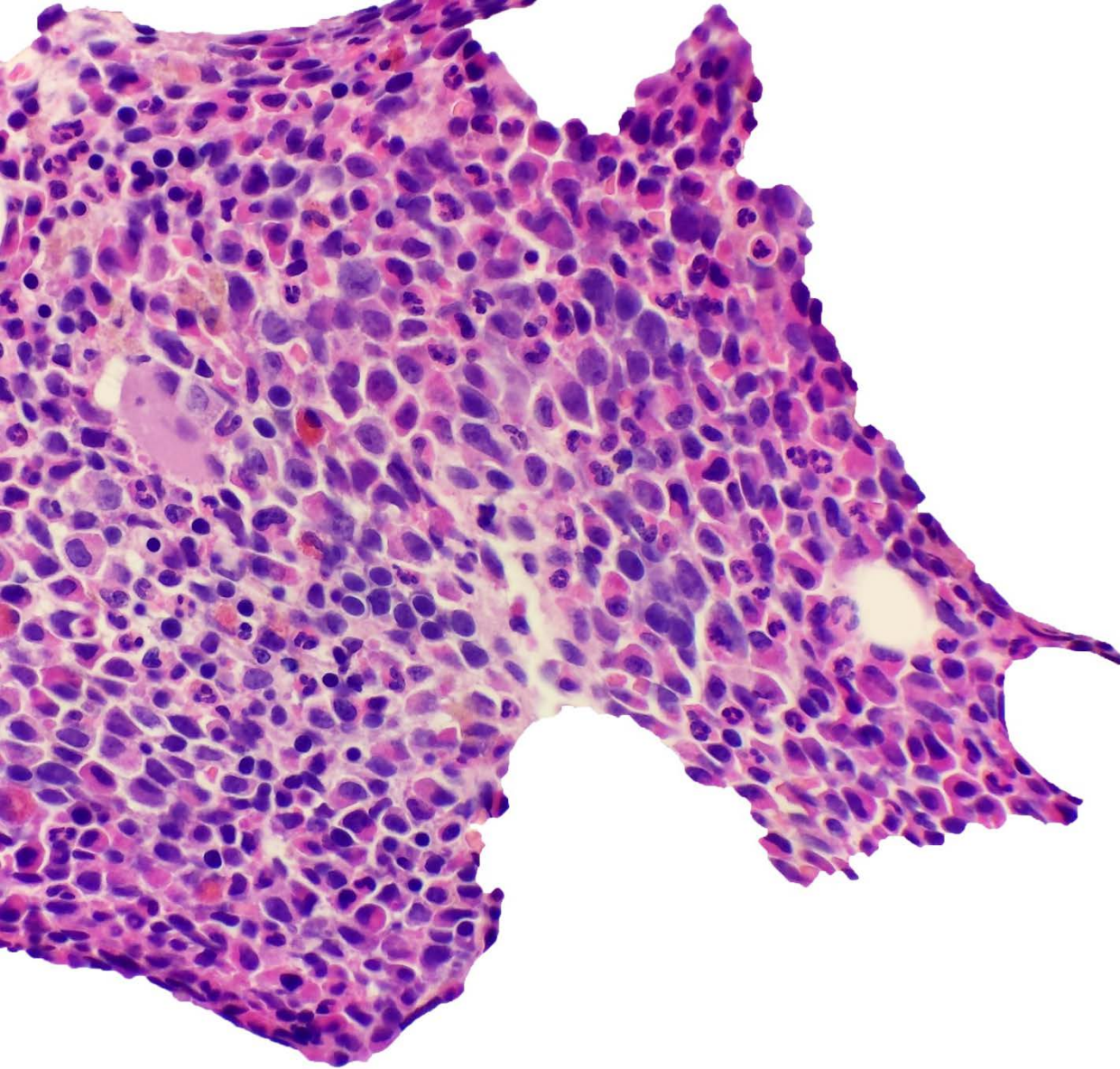
Clinical History

Patient: 72-year-old male, retired physician

- Presentation: LUQ pain w/ self-palpated splenomegaly, fatigue and weight loss
- Imaging (CT):
 - Splenomegaly (16.8 cm; no focal lesions)
 - Retroperitoneal adenopathy (≤ 2.6 cm)
 - Abdominal varices (c/w portal hypertension)
- CBC-Diff:
 - WBC 10.7 K/uL (H)
 - ANC 5.9 K/uL
 - AMC 2.8 K/uL (H)
 - HCT 35.8 % (L)
 - MCV 90.0 fL
 - PLT 139 K/uL (L)
- Labs:
 - ALT 13 U/L
 - AST 18 U/L
 - ALP 519 U/L (H)
 - Tbili 3.9 mg/dL (H)
 - ALB 3.3 g/dL (L)
 - PT-INR 1.5 (H)
- Pathology workup:
 - Bone marrow core biopsy
 - Lymph node core biopsy
 - Liver core biopsy
- Referred to DFCI for Hematology-Oncology consultation based on the BM findings:

“suspicious for a myeloproliferative neoplasm”

Microscopic Findings: Bone Marrow Biopsy



Preliminary Findings:

- Markedly hypercellular (90%)
- Myeloid hyperplasia
- Megakaryocytic dysplasia
- Mild reticulin fibrosis
- No increase in CD34+ blasts
- No ring sideroblasts

Ancillary Studies:

- Cytogenetics:
46,XY[20]
- MDS/MPN FISH:
No abnormalities

Molecular Genetic Findings

➤ Molecular analysis:

- Performed on peripheral blood during initial consultation
- “Rapid Heme Panel” (95-gene NGS assay):

➤ Results:

- Pathogenic Single Nucleotide Variants and Small Insertions/Deletions:
 - ASXL1 NM_015338 c.1926_1927insT p.G642fs* - in 70.6% of 119 reads
 - **KIT NM_000222 c.2447A>T p.D816V - in 41.8% of 593 reads**
 - TET2 NM_001127208 c.2596C>T p.Q866* - in 45.4% of 1442 reads
 - TET2 NM_001127208 c.3765C>G p.Y1255* - in 46.7% of 302 reads

➤ Concurrent CBC-Diff:

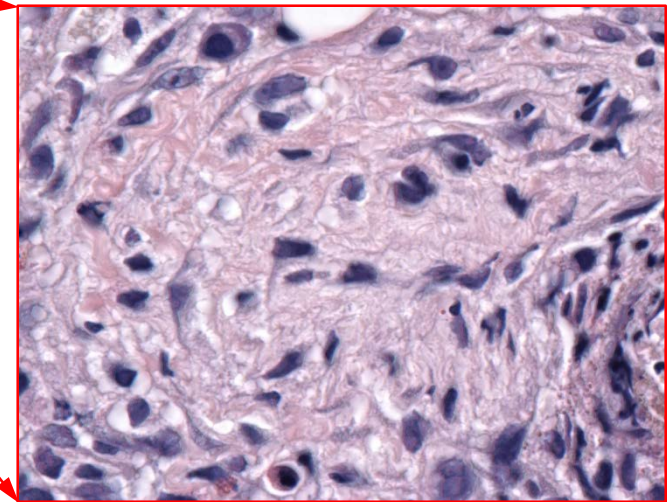
- WBC 6.7 K/uL
- ANC 2.4 K/uL
- AMC 2.5 K/uL (H)
- HCT 35.7 % (L)
- MCV 95.5 fL
- PLT 138 K/uL (L)

Microscopic Findings: Bone Marrow Biopsy

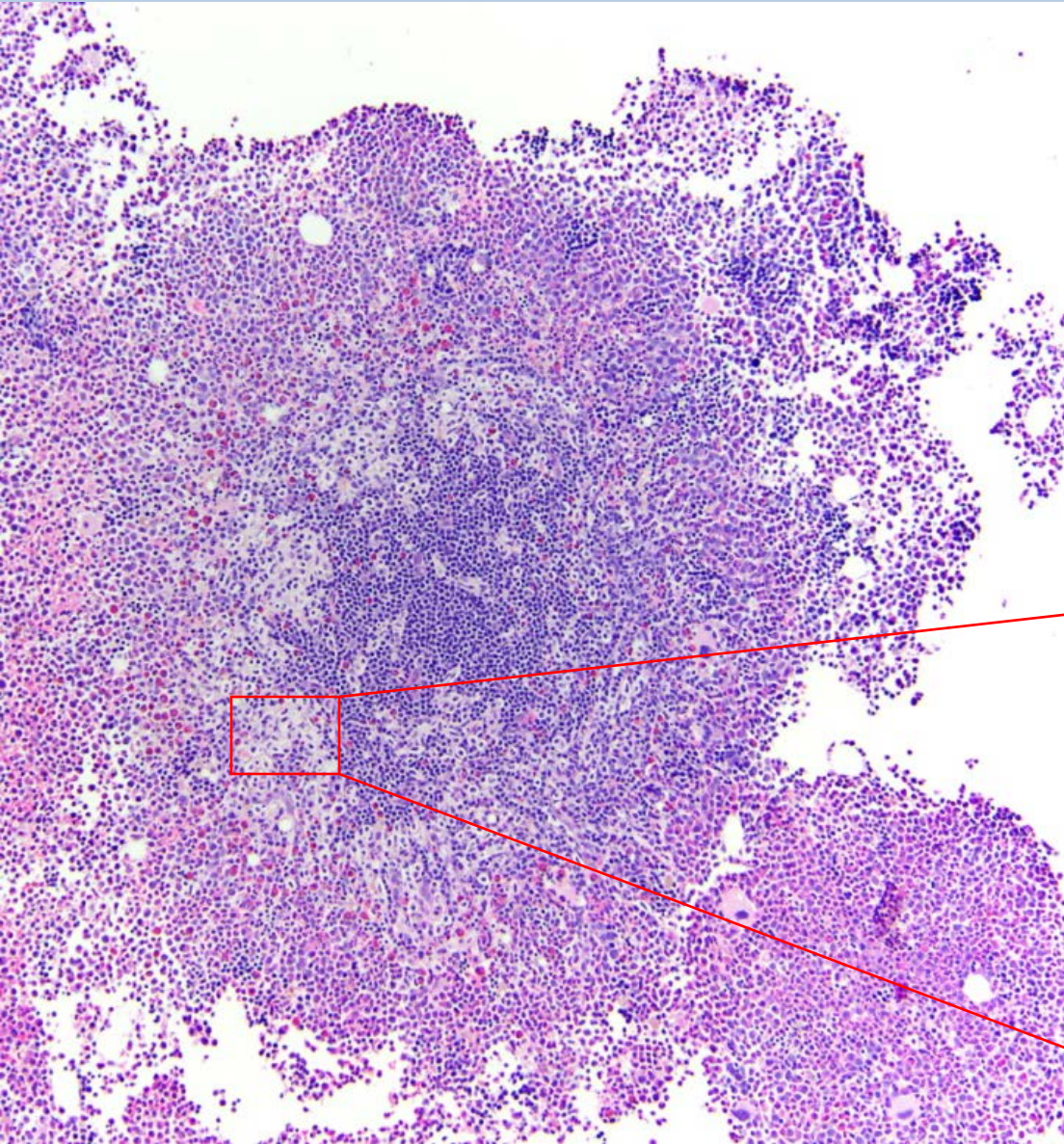


Deeper Levels:

- Scattered fibrotic foci containing intermediate-sized cells with elongated nuclei, condensed chromatin, indistinct nucleoli and abundant pale cytoplasm with well-defined cell borders

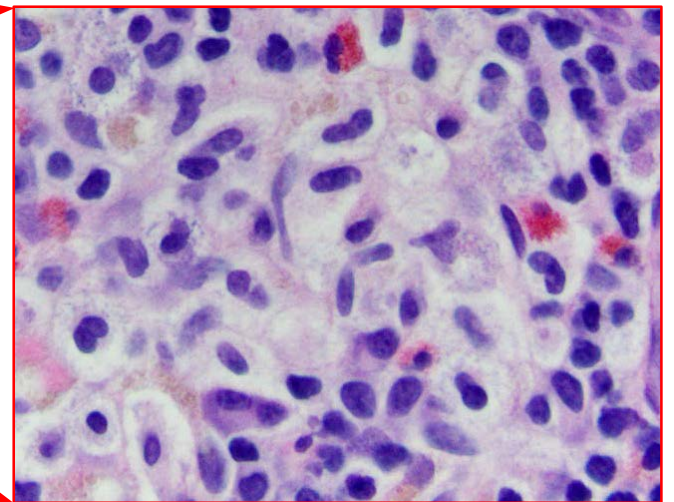


Microscopic Findings: Bone Marrow Clot Preparation

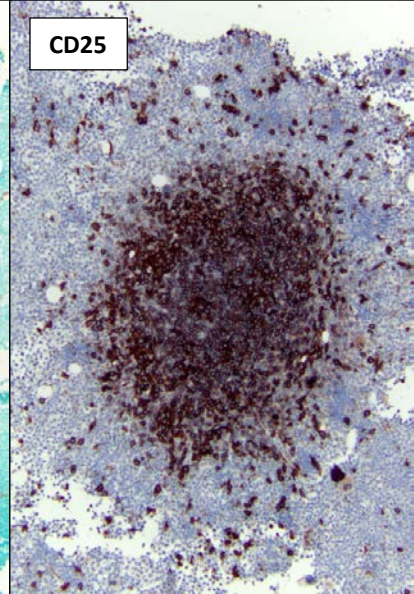
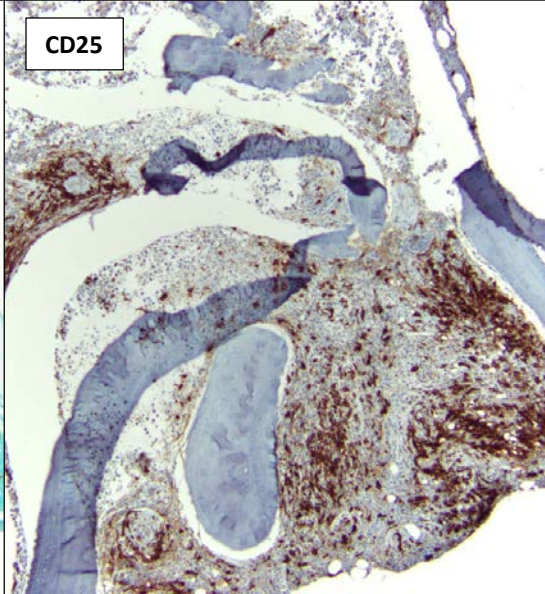
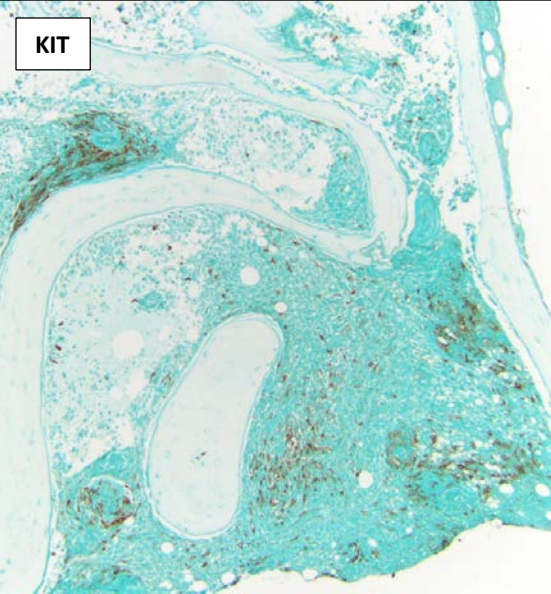
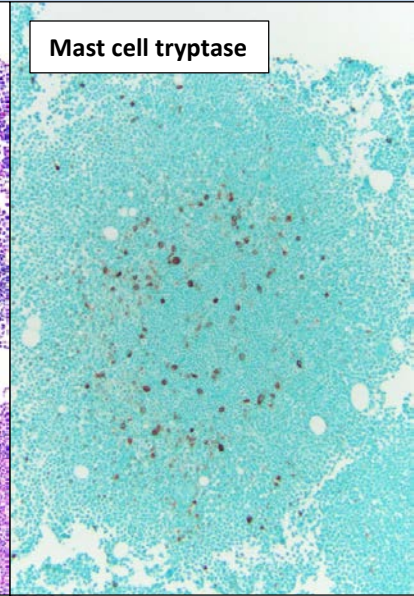
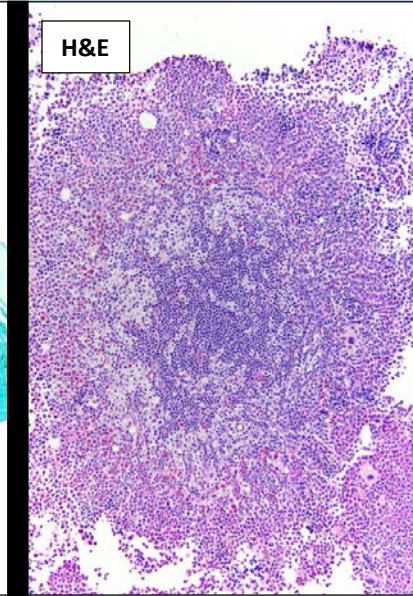
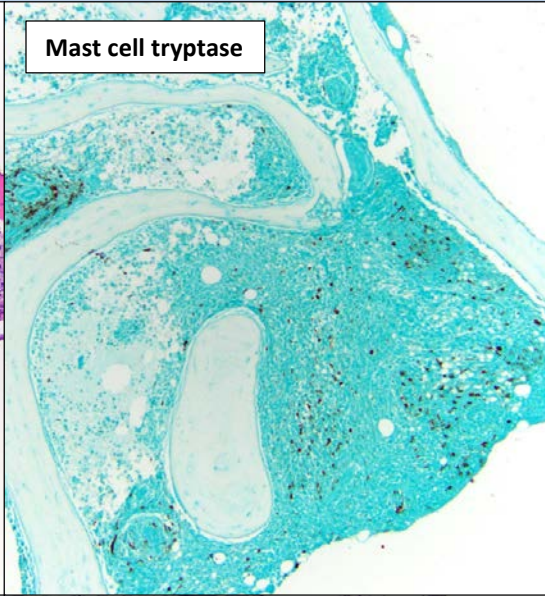
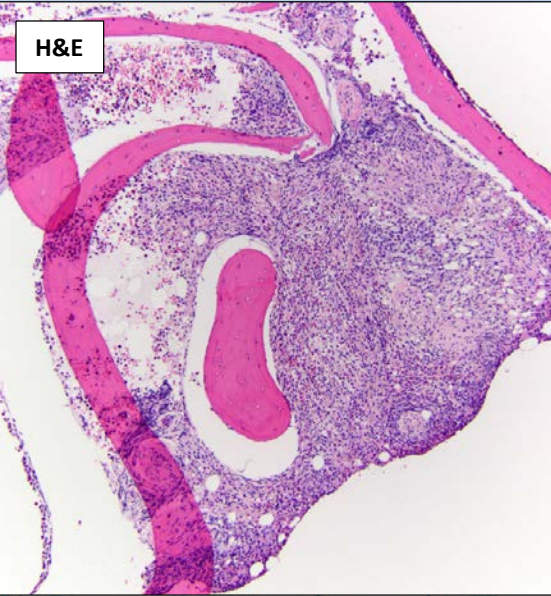


Deeper Levels:

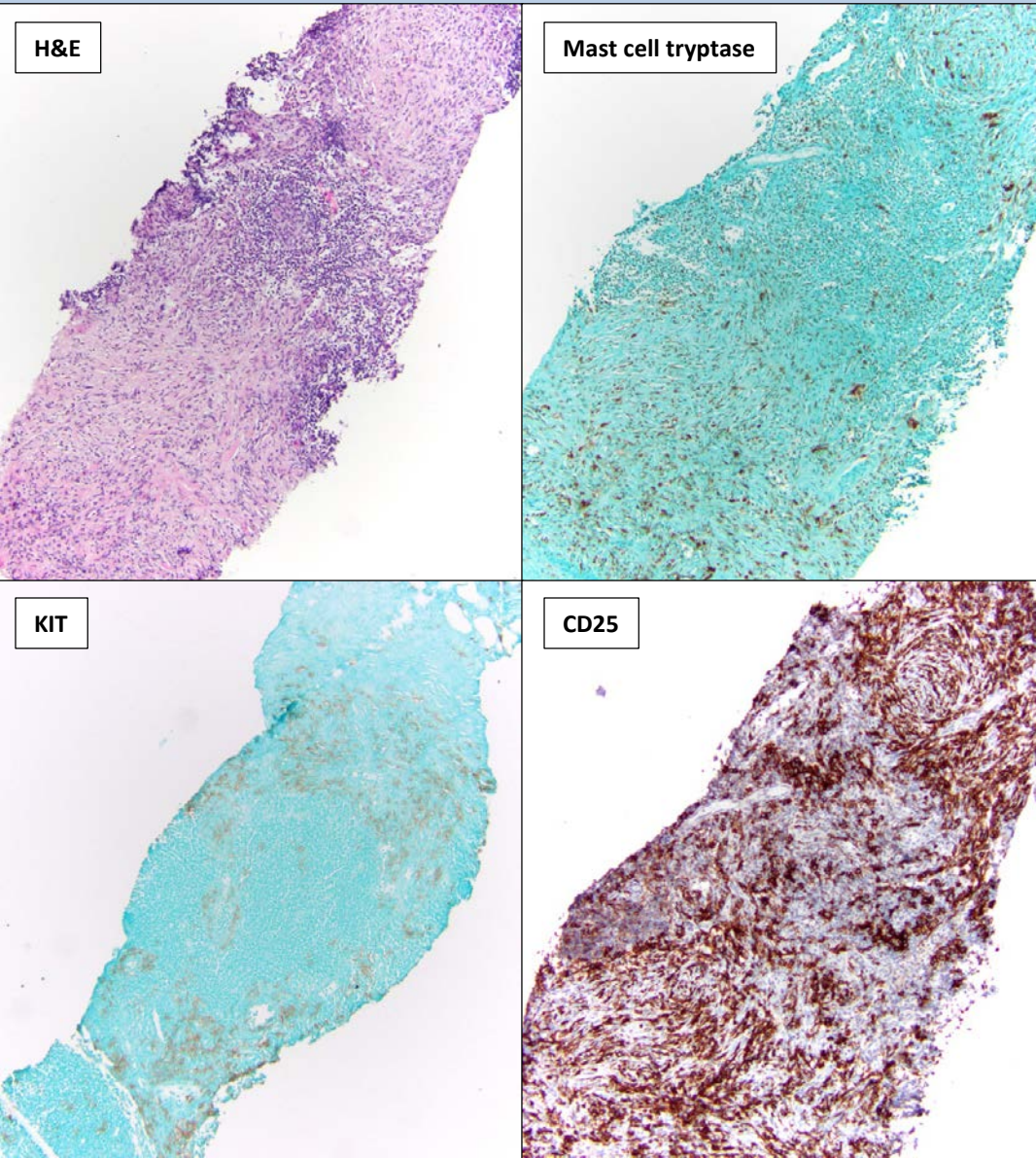
- Large lymphoid aggregate surrounded by intermediate-sized cells with elongated nuclei, condensed chromatin, indistinct nucleoli and abundant pale cytoplasm with well-defined cell borders



Immunohistochemistry: Bone Marrow Biopsy/Clot Prep



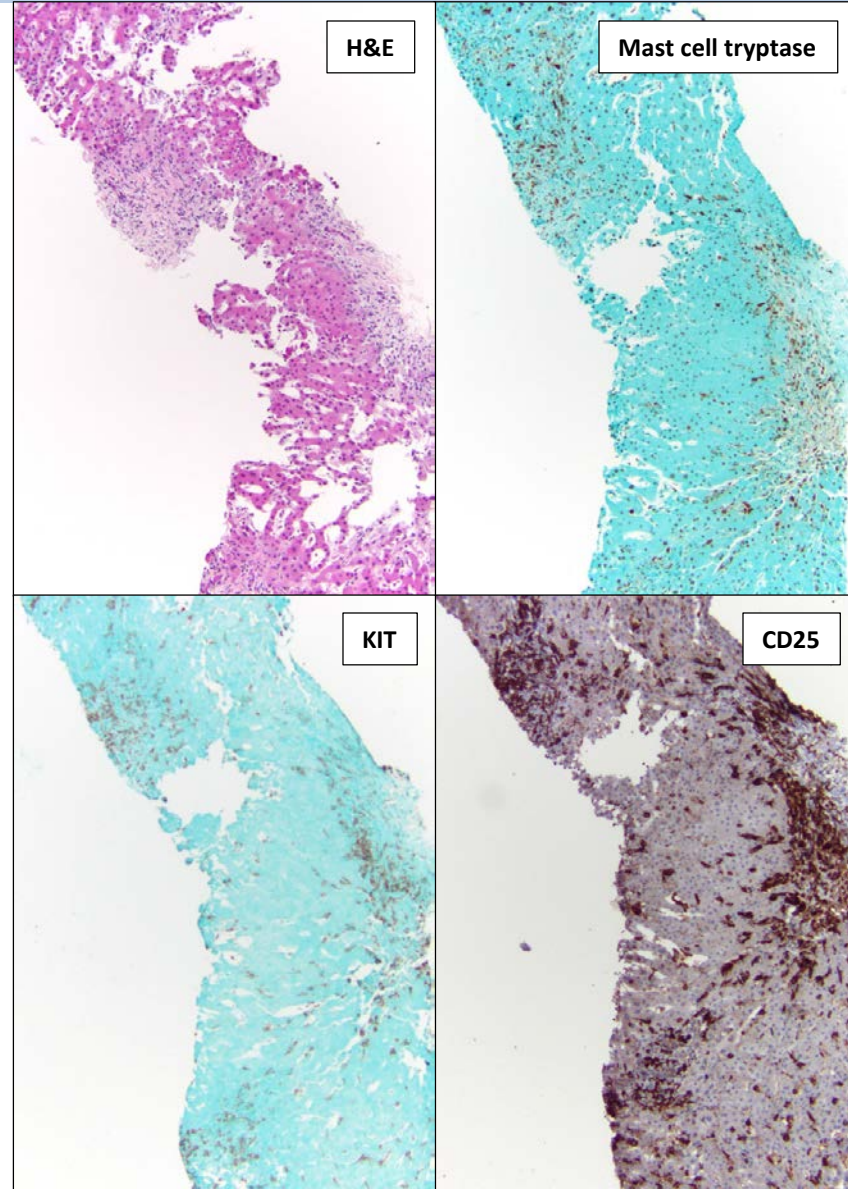
Lymph Node Core Biopsy



- Requested for additional evaluation of unexplained lymphadenopathy following bone marrow workup
- Outside Interpretation:
 - Flow cytometry: no abnormal T-cells, polyclonal B-cells
 - Histology: No evidence of lymphoproliferative disorder or malignancy
 - “Area of irregular fibrosis with bland spindle cells consistent with myofibroblasts”; “could be reactive in nature”
- Post-molecular interpretation:
 - **SYSTEMIC MASTOCYTOSIS**

Liver Core Biopsy

- Requested for additional evaluation of unexplained cholestatic liver injury and portal hypertension w/ varices & progressive ascites
- Hepatology workup: Negative serological evaluation (ANA, LKM, AMA, A1AT, IgG4, HepC, etc.)
- Outside Interpretation:
 - Chronic biliary tract disease with prominent portal fibrous expansion, patchy mononuclear cell infiltrates and ductular reaction
 - No granulomas, bile duct inflammation or concentric periductular fibrosis
 - Differential: primary biliary cirrhosis vs. sclerosing cholangitis (2° to CMML?)
- Post-molecular interpretation:
 - **SYSTEMIC MASTOCYTOSIS**



Clinical Follow-Up

Patient: 72-year-old male, retired physician

➤ Unifying Diagnosis:

- Systemic mastocytosis with an associated hematologic neoplasm (SM-AHN)
 - SM component: Aggressive systemic mastocytosis (ASM)
 - AHN component: Chronic myelomonocytic leukemia (CMML-0)
- Serum tryptase level elevated at 88 ng/mL (ref. <11.5 ng/mL)

➤ Treatment:

- Midostaurin:
 - Multi-kinase inhibitor capable of inhibiting KIT D816V
 - Effective in patients with advanced systemic mastocytosis
 - Initiated October 2016
- Plan to delay CMML-directed therapy for as long as possible

➤ Outcome:

- “Continuing to get better on a regular basis” per recent clinic note
 - Reduction in ascites and organomegaly
 - Improved appetite with intentional weight gain
 - Increased physical activity level

Diagnostic criteria for Systemic Mastocytosis

(2008 WHO Classification of tumors of hematopoietic and lymphoid tissues)

➤ Requires the major criterion and 1 minor criterion OR ≥ 3 minor criteria

Major criterion:

Multifocal, dense infiltrates of mast cells (≥15 mast cells in aggregates) detected in sections of bone marrow and/or other extracutaneous organ(s).

Minor criteria:

1. In biopsy sections of bone marrow or other extracutaneous organs, >25% of the mast cells in the infiltrate are spindle-shaped or have atypical morphology or, of all mast cells in bone marrow aspirate smears, >25% are immature or atypical mast cells.
2. Detection of an activating point mutation at codon 816 of *KIT* in bone marrow, blood or another extracutaneous organ.
3. Mast cells in bone marrow, blood or other extracutaneous organs express CD2 and/or CD25 in addition to normal mast cell markers.
4. Serum total tryptase persistently exceeds 20 ng/mL (unless there is an associated clonal myeloid disorder, in which case this parameter is not valid).

Systemic Mastocytosis with an Associated Hematologic Neoplasm (SM-AHN)

➤ Diagnosis:

- Requires clear morphologic evidence of :
 - (1) Systemic mastocytosis (not pure cutaneous mastocytosis)
 - (2) An associated clonal hematologic non-MC lineage disease
 - Associated hematologic neoplasms (AHN) include:
 - Common: MDS, AML, MPN, MDS/MPN (typically CMML)
 - Rare: NHL, PCN
- Morphology is heterogeneous and largely dependent on the type of AHN
- May be difficult to establish in specimens where one component predominates
- SM may be identified retrospectively following therapy for the AHN
- 2nd most common subtype of SM (after indolent systemic mastocytosis)
- True incidence is likely underestimated

Systemic Mastocytosis with an Associated Hematologic Neoplasm (SM-AHN)

➤ Clinical:

- Presentation and course generally dominated by the AHN
- Major exception is aggressive systemic mastocytosis, characterized by high disease burden with organomegaly and organ dysfunction

➤ Genetics:

- *KIT* mutations, especially *KIT* D816V, present within the MC component of the majority of SM-AHN
- *KIT* mutations variably present in the non-mast cell component of SM-AHN (CMML > AML > MPN > LPD)
- *KIT* D816V thought to function as a “differentiation inducer” or “phenotype modulator”, rather than as a strong oncogenic driver

➤ Differential Diagnosis:

- Non-mast cell myelogenous tumors with signs of mast cell differentiation
 - Tryptase-positive AML
 - Myelomastocytic leukemia

KIT mutations in systemic mastocytosis & other hematopoietic malignancies

➤ Systemic mastocytosis (all subtypes):

- >90% of cases possess gain-of-function mutations in the *KIT* proto-oncogene
 - Result in stem cell factor-independent activation of KIT
 - Vast majority are somatic
 - Rare germline mutations associated with familial mastocytosis
 - Majority cluster in exons 11 and 17
 - Mutations in exons 8, 9, and 10 encountered infrequently
- Hallmark D816V mutation is seen in >80% of cases
 - Affects the second intracellular tyrosine kinase domain (exon 17)
 - D816V is resistant to imatinib
 - Responsive to other kinase inhibitors (e.g. midostaurin)
- Postulated cell of origin is a pluripotent CD34+ hematopoietic progenitor cell
 - KIT mutations may be confined to mast cells or present within additional hematopoietic lineages

KIT mutations in systemic mastocytosis & other hematopoietic malignancies

➤ Other hematopoietic malignancies:

- *KIT* mutations are also seen in AML with t(8;21) or inv(16)
 - 20% of core-binding factor AML
 - Impart poor prognosis
- *KIT* mutations are rarely reported in other myeloid malignancies (<5%)
 - e.g. MDS, MPN, other acute leukemias
 - Often viewed as a marker of molecular progression
 - Unknown how frequently such mutations represent undetected involvement by systemic mastocytosis

Case Considerations

➤ PROPOSAL #1:

KIT mutation analysis should be included in the molecular diagnostic workup of all newly diagnosed myeloid neoplasms, in part to assist with the recognition of otherwise unsuspected/undetected systemic mastocytosis.

➤ PROPOSAL #2:

Additional testing for systemic mastocytosis should be performed in all patients with newly diagnosed myeloid neoplasms harboring *KIT* mutations (e.g. IHC panel, serum tryptase measurement).

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Panel Diagnosis:

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